



Easy Conversation With The Lord

Prayer ought to come easy to every one of us. We were created by a mighty God who loves us as our Father and who desires to be in constant conversation with us. Yes, prayer *should* be easy for us, so why is it sometimes so very difficult?

I think probably every one of us has struggled from time-to-time with praying to our Father. Why is that? Allow me to share a quote with you from Christian author Gordon McDonald: **“Why do so many people have struggles when it comes to prayer?.... Men and women were originally created to desire communion with God. But the effects of sin have dulled most of that original human desire. Sin turned a natural activity into an unnatural function.”**

We see the effect of sin on conversation with God immediately in the garden of Eden. In **Genesis 3:8** — **“They heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden.”**

I think we must assume that prior to that time the Lord God and the first couple walked uninhibited together in the garden. As soon as sin entered the picture, they became somewhat estranged! What should have been a natural activity, became an unnatural function.

Now, notice a second quotation. This one is from Christian author Andrew Murray. He said, **“Where there is much prayer, there will be much of the Spirit; where there is much of the Spirit, there will be ever-increasing prayer.”** It sounds quite easy, doesn't it? Just pray and the Spirit increases His power in your life. If the Spirit is honored in your life, you will pray much!

It seems to me that we should not be surprised if sometimes we struggle to find the words to pray to God. Don't we have the same struggles with our friends and family? Aren't there times when you struggle to talk to someone like your spouse, or a best friend? What usually happens to cause such a struggle? There are times when our friendships and affections become strained for one reason or another. Sometimes it's our fault because we have been an *unfriend* in some way. Sometimes it's because we feel like others have treated us badly. Sometimes we just let the hurry and bustle of life separate us from one another. In such times we might struggle to speak to a person who otherwise we could talk to for hours.

So it is with God. We struggle to speak to Him when sin has darkened our hearts and frozen our tongues. We don't know what to say when we feel He has let us down. We become so busy we neglect Him and then we feel guilty. All these matters can trouble our prayers. The answer is, believe it or not, to pray. That's right! When we struggle to pray the most is when we should pray the most. Try it and see if I am right. God will always be there. Just pray! —Keith

Rekindling

Reflecting

Relating